

unplug!!

Psalm 46

Plug Into Reflection and Rest

Psalm 46:1-*God is our refuge and strength, an ever-present help in trouble.*
2-*Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea,*
3-*though its waters roar and foam and the mountains quake with their surging.*
4-*There is a river whose streams make glad the city of God, the holy place where the Most High dwells.*
5-*God is within her, she will not fall; God will help her at break of day.*
6-*Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.*
7-*The LORD Almighty is with us; the God of Jacob is our fortress.*
8-*Come and see the works of the LORD, the desolations he has brought on the earth.*
9-*He makes wars cease to the ends of the earth; he breaks the bow and shatters the spear, he burns the shields with fire.*
10-*"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."*
11-*The Lord Almighty is with us; the God of Jacob is our fortress.*



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